

ABOUT US

SAGE Community Services (also known as *Parramatta Holroyd Family Support Inc.*) is a community based support service for women, children and families.

We believe that all families have their own strengths.

Our Family Support team works with families to build on their strengths, to develop positive relationships within families and to promote environments that value, nurture and protect children.



SAGE
COMMUNITY SERVICES

CONTACT US



02 9636 8437



admin@sagecommunity.org.au



37 Collins St
Pendle Hill NSW 2145



www.sagecommunity.org.au



Find us on Facebook!

We are open:

Mon to Thu: 9AM to 4PM

Fri: 9AM to midday

If you are in an emergency and need police, fire or ambulance, please call 000

Lifeline	131 114
Parent Line	1300 13 00 52
1800 RESPECT.....	1800 73 77 32
Link2Home	1800 152 152
Interpreting Services	131 450

June 2022

FAMILY SUPPORT

Supporting families to be safe, nurturing, empowered and connected to their communities



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ABN: 44 913 090 262
Tax Deductible Charity

FAMILY SUPPORT

We work with families who:

- have **dependent children 0-12 years** old (or who are expecting a baby),
and

- **live in the following areas:**

Constitution Hill	Pendle Hill
Girraween	Sth Wentworthville
Greystanes	Wentworthville
Mays Hill	Westmead
Merrylands West	Woodpark
Pemulwuy	

As well as parts of:

Guildford	North Parramatta
Merrylands	Parramatta
Northmead	Toongabbie

We support families of all types and cultural backgrounds.

Our service is free.

The services we provide include:

- individual work with families
- counselling
- group work



INDIVIDUAL WORK WITH FAMILIES

When we work with an individual family, we are guided by the family themselves.

Some of the things that families often talk to us about include:

- child development and behaviour
- parenting strategies
- strengthening parent-child relationships
- accessing services and supports
- social isolation
- family violence

We can help families to:

- Identify and work towards goals
- Connect with appropriate services
- Interact with government departments
- Advocate for the family

We can meet in the family home, at our office, or a place in the community that suits the family.

GROUP WORK

We run a variety of free groups including:

- Parenting programs
- Young Parents Group
- Supportive playgroups
- Children's groups

Childcare and transport are available for some groups.

COUNSELLING

Our counsellor works with women and their families, focusing on supporting their strengths and choices through a non-judgmental, flexible and authentic stance.

HOW TO ACCESS OUR SERVICE

To ask for support or to find out more, simply call our service on 02 9636 8437 and ask to speak with a Family Support team member.