



# YOUNG PARENTS GROUP

TERM 1/ 2026

**SAGE**  
COMMUNITY SERVICES  
**PRESENT'S**

**EVERY  
TUESDAY**

**FROM  
10 AM  
- 12 PM**



10 FEB	YPG COOK OFF
17 FEB	POSTNATAL VS POSTPARTUM
24 FEB	STRESS MANAGEMENT
3 MAR	TREE OF LIFE - BUILDING RESILIENCE
10 MAR	MAGIC BOX
17 MAR	THE GIVING TREE
24 MAR	MY VOICE MATTERS
31 MAR	END OF TERM CELEBRATIONS

**37 COLLINS STREET,  
PENDLE HILL**

**FREE ON-SITE  
CHILDCARE! BOOKINGS  
ESSENTIAL**

**SIGN UP CONTACT ROSE - YOUNG PARENTS FACILITATOR**

**PH: (02) 9636 8437**

**E: FSREFERRALS@SAGECOMMUNITY.ORG.AU**